



Northwestern
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Gardening 101

Looking at the basics



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Planning your Garden

- Start small
- Make sure the area gets 6-8 hours of sunlight
- Close to water



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Designing your Garden

- Plan and map out
- Arrange tall plants along the northern edge
- Plan for spaces between rows



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Planting your Garden

- Choose your favorite vegetables or fruits
- Plant a variety
- Consider co-planting



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Planting your Garden Continued

- Follow directions on package
- Plant homegrown or nursery plants on cool overcast days
- Stake peas, beans and tomatoes



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Planting your Garden Continued

- Leave room for additional plantings
- Rotate crops



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Watering your Garden

- Water is important
- All about balance



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Watering Tips

- Water every 2-3 days
- Water the plant at ground level
 - Extra water can cause disease to the plant



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Watering Tips Continued

- Water in the morning or evening
- Apply a thick layer of mulch
- Remove weeds
 - Weeds compete with plants for water



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Weeding Your Garden



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Weeding Tips

- Start early and frequently
- Place mulch between the rows and plants
- Water first, weed second



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Weeding Tips Continued

- Take your time
- Take breaks and remember to stretch!



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Questions



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Resources

- Grow Your Veggie Garden Guide, Plant a Row Grow a Row.
www.growarow.org
- How to Start a Vegetable Garden, by CanadianLiving.com.
<http://www.canadianliving.com/home-and-garden/article/how-to-start-a-vegetable-garden>
- Vegetable Gardening for Beginners, Farmers Almanac.
<http://www.almanac.com/vegetable-garden-planning-for-beginners>



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